to Section 16. F obligations may

Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinatan	D C	20540	
Nashington,	D.C.	20049	

Check this box if no longer subject	STA
to Section 16. Form 4 or Form 5	
obligations may continue. See	

TEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	I. Name and Address of Reporting Person* Sinha Vikas					2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner Officer (sine title) Check (pageing)						
	(Fir LOVIR, INC NTER STR	C.	Middle)	01/	3. Date of Earliest Transaction (Month/Day/Year) 01/19/2023								X Officer (give title Other (specify below) See Remarks								
(Street) WALTH			2451 Zip)	- 4. lf -	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
		Table	I - Non-Deriv	ative	Secui	rities	Acq	quir	ed, D	ispose	d o	f, or	Benefic	ciall	y Own	ed					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Y	ear) if	2A. Deem Execution if any (Month/D		Co	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5)	Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership				
							Co	ode	v	Amount	(A) or D)	Price		Reported Transacti (Instr. 3 a	ion(s)	(Instr.	4)	(Instr. 4)		
Common Stock 01/19/20		01/19/202	23			S	(1)		5,111	5,111 D \$5.07		\$5.0777	7 (2)	1,031,664		D					
Common Stock 01/20		01/20/202	23			S	(1)		1,426		D	\$5.1438	3(3)	1,030,238		D					
Common Stock														16,674,766		I		Shares held by ElevateBio LLC ⁽⁴⁾			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	action (Instr.	Derivativ Securitie Acquired (A) or Disposed of (D) (Instr. 3, and 5)		Exp (Mo	piration onth/Da	ey/Year)		Amo Sect Und Deri Sect 3 an	Amount or Number of	unt ber		9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	re es ally g d tion(s)	10. Ownersl Form: Direct (I or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)		

Explanation of Responses:

- 1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and intended to qualify under Rule 10b5-1.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$4.94 to \$5.19. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 3. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$5.05 to \$5.22. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 4. Shares held by ElevateBio. The Reporting Person is a director and Chief Financial Officer of ElevateBio, and may be deemed to have shared voting and investment power of the shares held by ElevateBio. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.

Remarks:

Officer Title: President and Chief Financial Officer

/s/ Brett Hagen, as Attorney-01/23/2023 in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.