FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Brainard Diana						2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR]									ationship k all app Direc	licable)	ng Pe	rson(s) to Is	
(Last)	(First) (Middle) ALLOVIR, INC.					3. Date of Earliest Transaction (Month/Day/Year) 10/19/2023									belov	er (give title v) Chief Exec	utive	Other (s below)	specify
1100 WINTER STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) WALTHAM MA 02451					X Form filed by One Reporting Per Form filed by More than One Rep Person											J			
(City)	City) (State) (Zip) Rule 10b5-1(c) Transaction Indication X Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														ended to				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					y/Year) Exec		Deemed ecution Date, ny onth/Day/Year)					es Acquired (A Of (D) (Instr. 3,		, 4 and Secu Bene Own		cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	(A) (D)	or Pri	ce	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 10/19/.					2023				S ⁽¹⁾		8,581	D	\$	1.58	88	881,977		D	
		Tal									osed of, o				Owne	d			
1. Title of Derivative Security (Instr. 3)	rivative curity Conversion Date Execution Date, (Month/Day/Year) if any			on Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		int		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owners Form: Direct (or Indir (I) (Inst	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code			Date Exercisa	able	Expiration of		Number of Shares							

Explanation of Responses:

1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and not in the discretion of the Reporting Person.

Remarks:

/s/ Brett Hagen, as Attorneyin-Fact ** Signature of Reporting Person

10/23/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.