FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Sinha Vikas (Last) (First) (Middle) C/O ALLOVIR, INC. 1100 WINTER STREET (Street) WALTHAM MA 02451						2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR] 3. Date of Earliest Transaction (Month/Day/Year) 07/19/2023 4. If Amendment, Date of Original Filed (Month/Day/Year)										S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner X Officer (give title Other (specify below) See Remarks 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															nded	
		Table	I - N	lon-Derivat	ive S	ecui	rities	Acq	qui	red, [Dis	posed (of, o	Benefic	ia	lly Own	ed					
1. Title of Security (Instr. 3) 2. Transac Date				. Transaction late Month/Day/Year	2A. Deemed Execution I if any (Month/Day		Date, Tra		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar				5. Amount of Securities Beneficially Owned Followi		s llly ollowing			Indirect Beneficial Ownership		
								Cod	de	v	Amount o		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr.	. 4)	
Common	07/19/2023			S			1	,198	D	\$3.5615	5 ⁽²⁾ 1,1		,654	D								
Common Stock				07/20/2023				S	(1)	\sqcap	1	,437	D	\$3.3474 ⁽³⁾		1,184,217		D				
Common Stock																16,674,766 ⁽⁴⁾		I		Shar held Elev LLC	by ateBio	
		Ta	ole II	l - Derivativ (e.g., put												y Owne	d					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Exec if an	ıy İ		ransaction of Derivar Securit Acquir (A) or Dispos of (D) (Instr. and 5)				xpiratio	ay/Year) Expiration		Am Sec Un: De Sec (In:	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of Shares		. Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership Instr. 4)	

Explanation of Responses:

- 1. Represents shares required to be sold by the Reporting Person to cover tax withholding obligations in connection with the vesting of restricted stock units. These sales were automatic and not in the discretion of the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$3.53 to \$3.62. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 3. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$3.26 to \$3.47. Full information regarding the number of shares sold at each separate price can be furnished to the SEC staff upon request.
- 4. Shares held by ElevateBio. The Reporting Person is a director and Chief Financial Officer of ElevateBio, and may be deemed to have shared voting and investment power of the shares held by ElevateBio. The Reporting Person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.

Remarks:

Officer Title: President and Chief Financial Officer

/s/ Brett Hagen, as Attorneyin-Fact 07/21/2023

** Signature of Reporting Person

on Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.