SEC Form	n 4																	
F	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL				
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										HIP OMB Numb Estimated a hours per re			3235-0287 0.5
1. Name and Address of Reporting Person* <u>VAN BEEK JEROEN B</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Allovir, Inc.</u> [ ALVR ]								eck all applic Directo	able)	10		o Issuer % Owner her (specify
(Last) (First) (Middle) C/O ALLOVIR, INC. 139 MAIN STREET, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 07/29/2020								X Oncer (give the below) below) Chief Commercial Officer				
(Street) CAMBRIDGE MA 02142					4.	Line) X F									vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State) (Zip)																		
Date				2. Trans	sactio	on	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securi	Of, or Beneficia rities Acquired (A) or ed Of (D) (Instr. 3, 4 an		5. Amour	s Formully (D)		Direct I Indirect E str. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								Code	v	Amount	(A) o (D)	Price	Transacti (Instr. 3 a	on(s)		`		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	ite, Tr	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exp Expiration (Month/Da	Date		and 7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		s Ily	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
				c	ode	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Stock Option (Right to Buy)	\$17	07/29/2020			A		237,200		(1)	0	17/29/2030	Common Stock	237,200	\$0.00	237,20	0	D	

Explanation of Responses:

1. 25% of this option shall vest and become exercisable on July 29, 2021, with the remainder vesting in twelve equal quarterly installments thereafter.

Remarks:

## /s/ Brett Hagen, as Attorney-in-Fact 07/31/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.