SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Brainard Diana					2. Issuer Name and Ticker or Trading Symbol Allovir, Inc. [ALVR]						(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
	<u>w Dimitu</u>																10% Ov	
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)							- x	Officer (below)	give title		Other (s below)	specify			
C/O ALI	C/O ALLOVIR, INC.				02/02/2023							Chief Executive Officer						
1100 WINTER STREET																		
				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)	AM N	1A	02451						X					ו ו				
,											Form filed by More than One Reporting Person				ting			
(City)	(5	State)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
[2. Transa Date (Month/D		2A. Deemed Execution Date, if any (Month/Day/Year		, Transaction Disposed Code (Instr.		ties Acquired (A) or d Of (D) (Instr. 3, 4 a			5. Amour Securities Beneficia Owned For Reported	s Form ally (D) c ollowing (I) (II		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							v	Amount	ount (A) or P		Price	Transacti (Instr. 3 a	on(s)			(1130. 4)		
Common Stock			02/02/	2/2023			Α		332,500 ⁽¹⁾ A \$		\$0.00	934,964			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	3A. Deemed 4 Execution Date, 1		nsactio de (Instr	5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		, mount curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transact	e s ally g	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Co	de V	(A)	(D)	Date Exercisab		Expiration Date	Title	or Ni	nount ımber Shares		Transaction(s (Instr. 4)	1011(5)	(5)	
Stock Option (Right to Buy)	\$6.65	02/02/2023		A		617,500		(2)	(02/02/2033	Commo Stock		17,500	\$0.00	1,836,8	875	D	

Explanation of Responses:

1. The shares reported in this transaction represent Restricted Stock Units ("RSUs") issued under the AlloVir, Inc. 2020 Stock Option and Grant Plan (the "Plan"). Each RSU represents the contingent right to receive one share of the Issuer's Common Stock. 25% of the RSUs shall vest on February 2, 2024, with the remainder vesting in twelve equal quarterly installments thereafter.

2. 25% of this option shall vest and become exercisable on February 2, 2024, with the remainder vesting in twelve equal quarterly installments thereafter.

Remarks:

/s/ Brett Hagen, as Attorney-in-Fact 02/03/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.